

Private sessions through Move Me – Mind Body

These sessions are arranged specifically according to your schedule and needs.

For this reason:

- Late cancellations (less than 24-hour notice) will be charged at 100%
- Early cancellations will be carried forward a maximum of twice per month
- Semi-private sessions can be you and a friend, OR
- Semi-private sessions are arranged when two clients have similar needs and can manage the same days and times. Please be courteous towards each other when considering cancellations.
 - Cancellation rates apply as for private sessions.
 - A session will still go forward if one client has made a late cancellation
 - Sessions may be cancelled if one student makes an early cancellation, or the session may be charged at private rates
- On request, your instructor can bring your session to you
 - This carries an extra fee which is still payable with late cancellations
 - If a late cancellation is made within an hour of the appointment, a further travel charge will be payable
 - The travel charge is per session so will be divided for shared sessions
- The aerial silk in the studio can be included in your sessions at the studio, but an extra fee will be added to your session